

Newsletter
Lin Wisman, Editor,

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Greetings,

If you would like to be a sponsor of this newsletter,  
please contact:  
<http://commcenter.attbi.com/wmc/v/wm?cmd=ComposeTo&adr=Lwisman%40strokene%20network%2Eorg&sid=c0>

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In this issue...

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- \* Organization Highlights, by Steve Mallory
  - \* Life in New Zealand with a Stroke, by David G. Ray
  - \* Slipping the Light Fantastic, by Rhonda Peterson
  - \* Book Review: Helpless, Not Hopeless and HANDIRhAP, by Lin Wisman
  - \* Website Review: [www.intelihealth.com](http://www.intelihealth.com), by Barbara Layne
  - \* Bio: Frank Ruby
  - \* Bio: Sandra Gilpin
- \* About Us

Organization Highlights, by Steve Mallory

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Steve begins his comments with a fundraiser update. He then moves on to update news of the mailing list. A new message board is replacing it. This has been made possible by obtaining our own message board,

Finally there is a discussion of the new newsletter format. You are invited to update info about yourself in the database, and choose to change your preferences between receiving the newsletter in html or text format. See the article for specific instructions for both.

You are also invited to help sponsor the newsletter.

Read Steve's Remarks... >>

<http://www.strokenetwork.org/newsletter/org/malorgjul2002.htm>

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Life in New Zealand with a Stroke, by David G. Ray

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David reports on his stroke club. This month he reports on a member of his stroke club. He is a filmmaker who has continued making films post stroke. It is truly an inspiring story.

David also reports on an exercise with play dough that was introduced at the stroke club.

See David's Article... >>

<http://www.strokenetwork.org/newsletter/nz/nzjul2002.htm>

Slipping the Light Fantastic, by Rhonda Peterson

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Rhonda is taking a break from StrokeNet. She is busy editing a book due out next year. We all look forward to the book.

In the meantime we are reprinting an article published in StrokeNet in February 2001. In "Slipping the Ice Fantastic" Rhonda recounts a slip on the ice which initiated a visit to the local hospital. Her story reminds all of us of the humor that the medical establishment can cause.

It also reminds all of us living in locations with ice in January that cold weather is coming!

Rhonda's Article >>

<http://www.strokenetwork.org/newsletter/humor/slipping.htm>

Book Review: Helpless, Not Hopeless and HANDIRhAP, by Lin Wisman

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Books by Kit Morrison, a Strokenetwork member, are reviewed. In the two books "Helpless, Not Hopeless" and "HANDIRhAP" he shares recovery stories.

Since his strokes occurred in 1985, he is a long time survivor. His books are an inspiration for all stroke survivors as they struggle to recreate their lives.

The Review... >>

<http://www.strokenetwork.org/newsletter/books/morrisonreview.htm>

Website Review: [www.intelihealth.com](http://www.intelihealth.com), by Barbara Layne

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Barbara reviews Intelihealth, www.intelihealth.com. Intelihealth is a subsidiary of Aetna and provides solutions to an array of conditions including stroke.

The site is affiliated with Harvard Medical School and the University of Pennsylvania School of Dental Medicine.

Read the Review... >>

<http://www.strokenetwork.org/newsletter/websites/intelihealth.com.htm>

Bio: Frank Ruby

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Frank Ruby experienced his first stroke in December

1999 when he was 40yrs old. He shares his story. A former Aircraft Technician he has been unable to return to his job. He (with great support from his wife) has focused on the journey of recovery.

The ups and downs of his recovery will ring as familiar to many stroke survivors. Frank is a contributor to StrokeNet.

Read Frank's bio >>

<http://www.strokenetwork.org/newsletter/bios/fruby.htm>

Bio: Sandra Gilpin

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Sandra Gilpin stroked in April of 1996, when she was 63 years old. She shares her recent successful experience of constraint therapy.

Although the therapist was not sure if the therapy would really help increase the use of Sandra's hands, she has experienced great success. Now she's going to try botox treatments.

Read Sandra's bio... >>

<http://www.strokenetwork.org/newsletter/bios/SGILPIN.HTM>

About Us

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What is The Stroke Network? Where did it come from? Who are the people that work there? Read the FAQ if you would like to know.

Just with is FAQ? I've seen it on the Internet several times but I've never understood what it stood for. What is FAQ and why does our organization have these letters? FAQ is an acronym for Frequently Asked Questions. It's basically questions that most people are going to ask if they want to know about your web site and service.

Our organization has a FAQ in order to give you some background information and insight into our organization. The FAQ is linked from virtually every single page on our whole web site. If you scroll down the page and look on the left column you will see a button with a question mark. Click on the button and you will be hyperlinked to our FAQ web page.

You will learn about the formation of our organization and it's history. You can find out who are our partners and learn about our basic policies. Most of the frequently asked questions can be found here but if you have more please let us know.

About Us >>

<http://rs6.net/tn.jsp?t=bil75rn6.vy4q9rn6.h7oh4rn6&p=http%3A%2F%2Fwww.strokenetwork.org%2Fquestions%2Findex.htm>

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