



Newsletter

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In North America fall is fast approaching. The days (and nights) are nipper and the trees are beginning to turn to lovely shades of red and yellow. As we say goodbye to summer, those of you in the southern hemisphere say hello to spring! Isn't earth a great place - somewhere someone is experiencing a different part of the year!

Steve reports on several interesting new happenings including the new chat schedule, addition of a service which scans daily for stroke info and a request for photos. David Ray's announces that September was National Stroke month in New Zealand. Rhonda shares an article commenting on family picnics. This is



followed by a booklet written by Robert Smith. In it Bob shares his stroke experiences and his research. Then there is a list I created on the fifth anniversary of my stroke six months ago sharing some of the many things I am

grateful for. Next you are introduced to the Eldercare. This organization assists caregivers for elders. There is definite crossover between their interests and ours. Be sure to visit their website. Barbara Layne reviews the website of the Mayo Clinic. Finally you will find two bios. Julianne Marken-Bentzen is Vice President Support for The Stroke Network. Stacie Greene stroked three years ago at age 23.

Organization Highlights, by Steve Mallory

This month Steve brings everyone up to date on the changes in chat sessions. Next he invites everyone to send a picture of themselves to be included in the picture gallery on the website. Then he introduces a new partner, Eldercare Online. Later in this newsletter you will read more about their organization and find a link to their website.

Next he describes two new features on the website. A service which daily scans online magazines and newspapers for information on strokes has been acquired. New links have been added to survivor resources. Finally he talks of the need for addition members of the

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[Read Steve's Remarks...](#)

 *Life in New Zealand with a Stroke, by David G. Ray*

September is National Stroke month in New Zealand. David and his colleagues helped by handing out materials. Spring is also beginning to arrive. His stroke club took a bus trip and heard a talk by a woman from Supergrans, which helps individuals brush up on their homemaking skills.

[David's Article...](#) »

 *The Stroke of Midnight, by Bob Smith*

Bob shares with us his writings. The first section describes his stroke. Later he contributes some of his research. This booklet includes the experience of having a stroke and gives insightful info.

[The Stroke of Midnight...](#) »

 *Family Picnic, by Rhonda Peterson*

Rhonda reports on her family picnic. These events are always interesting. Aren't all of us fortunate to be related to people we did not choose? Why does everyone have some relatives who they consider strange?

[Family picnic...](#) »

 *Fifth Anniversary of my Stroke, by Lin Wisman*

On her five year Stroke Anniversary the editor of this newsletter wrote down 26 things she is grateful for. What are you grateful for?

[The List...](#) »

 *Eldercare Online*

Recently the Stroke Network became aware of the organization Eldercare Online. They have a web site, which is aimed at caregivers for the elderly. The website includes information such as legal help, finances and insurance, independent living, and family dynamics. It also includes regular chats, both in general and covering specific issues such as dementia. The website has information on such topics as government services, medical research, Medicare, and choosing a nursing home.

The information is very helpful and the chance to talk to others who are also in the role of elder caregiver is supportive. I only wish this resource had been available when my family was faced with dealing with my mothers Alzheimer's disease. This website gives the caregiver access to needed information and provides a support network. We would encourage our readers to visit their site at <http://www.ec-online.net>.

[Eldercare Website...](#) »



Website Review, by Barbara Layne

Barbara reviews the Mayo Clinic website, www.mayoclinic.com. She finds it very helpful for obtaining information. In the review she describes several sections which she finds of particular interest.

[Barbara's review...](#) »



Bios: Julianne Marken-Bentzen and Stacie Greene

Julianne Marken-Bentzen serves as Vice President Support for The Stroke Network. Her bio describes her stroke at the age of 31 in 1998. She has done a great job of redesigning her life which was interrupted.

Stacie Green stroked at a very young age - 23. Her bio explains her recovery journey. Like many she has discovered that everything she does is therapy.

[Julianne](#)

[Stacie](#)



About Us



What is The Stroke Network? Where did it come from? Who are the people that work there? Read the FAQ if you would like to know.

Just with is FAQ? I've seen it on the Internet several times but I've never understood what it stood for. What is FAQ and why does our organization have these letters? FAQ is an acronym for Frequently Asked Questions. It's basically questions that most people are going to ask if they want to know about your web site and service.

Our organization has a FAQ in order to give you some background information and insight into our organization. The FAQ is linked from virtually every single page on our whole web site. If you scroll down the page and look on the left column you will see a button with a question mark. Click on the button and you will be hyperlinked to our FAQ web page.

You will learn about the formation of our organization and it's history. You can find out who are our partners and learn about our basic policies. Most of the frequently asked questions can be found here but if you have more please let us know.

[About Us](#) »

Quick Links...

- [Chat Schedule](#)
- [Stroke Caregivers Handbook](#)
- [Newsletter Archive](#)

- [Donate to Us](#)
- [Stroke Awareness](#)
- [Aphasia Information](#)

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